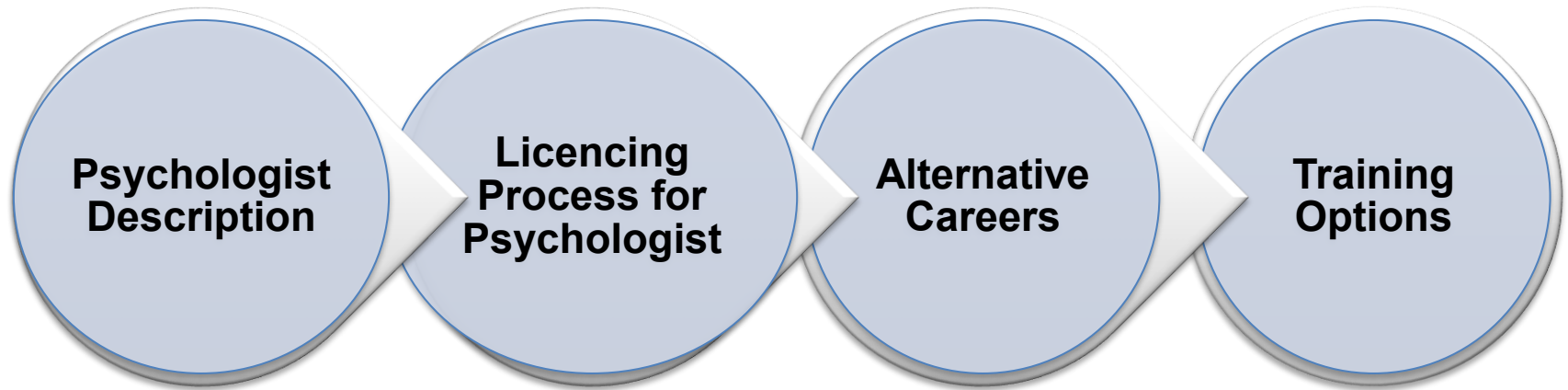


# Psychologist

Foreign Credential Recognition, Alternative Careers, and Training Options

# Career Development Manitoba



## What Roles do Psychologists in Canada Perform?



## Psychologists

[NOC website](#)



### Job Duties

- Examine and assess behaviour, diagnose behavioral, emotional, and cognitive disorders, counsel clients and provide therapy
- Help clients manage physical illness and disorders
- Counsel individuals and groups to achieve more effective personal, social, and vocational development and adjustment, and offer mediation services
- Use standard psychological tests for assessment
- Plan intervention programs and conduct program evaluation
- Apply psychological theory and principles regarding behaviour and mental processes such as learning, language development, memory, and perception to develop treatment programs
- Formulate hypotheses and experimental designs, review literature, conduct studies and publish research papers, educational texts, and articles
- Deliver presentations at conferences, workshops, or symposia
- Provide consultation services to government and other organizations
- Conduct applied psychology and/or experimental research.

## Psychologists

[NOC website](#)



### Employment Requirements

- A doctoral degree in psychology is required in order to use the designation "Psychologist" in Prince Edward Island, New Brunswick, Quebec, Ontario, Manitoba, and British Columbia.
- A master's degree in psychology is required for the designation "Psychologist" in Newfoundland and Labrador, Nova Scotia, Saskatchewan, Alberta, the Northwest Territories and Nunavut.
- A master's degree in psychology is required in order to use the designation "Psychological Associate" in Prince Edward Island, Ontario, Manitoba, and British Columbia.
- A period of supervised practical experience is required in most jurisdictions.
- Successful completion of the written Examination for Professional Practice in Psychology (EPPP) is required in most provinces.
- Oral examinations and board interviews are required in some provinces.
- Registration with a regulatory body is required in all provinces, the Northwest Territories and Nunavut.
- Written ethics and jurisprudence exams may be required in some jurisdictions.
- Psychologists can become specialized in a particular area through training and experience.

## Psychological Association of Manitoba (PAM) Process via ACPRO (Association of Canadian Psychology Regulatory Organizations)

1) Create an online  
account with ICD

2) Submit your proof of  
identity documents

3) Submit your  
Psychologist Education  
form

4) Submit your  
Psychologist  
Registration form

5) Submit your  
Psychologist  
Practice/Employment  
form

6) Submit your  
language testing results

## Psychological Association of Manitoba (PAM) Overview Credential Evaluation via ACPRO

Create your online account via ACPRO Portal

Submit your proof of identity documents

Submit your Psychologist Education form

Submit your Psychologist Registration form

Submit your Psychologist Practice / Employment form

Submit your language testing result

ICD will prepare your credentials evaluation report and send it to the Regulatory Organization you select as a recipient. You will also receive an applicant copy.

## Transcript Assessments



## Exams and Competency Assessments

When applicant completes the Credential Evaluation at ICD, PAM receives a report

At this point, applicant may start the application process to apply as a “candidate”

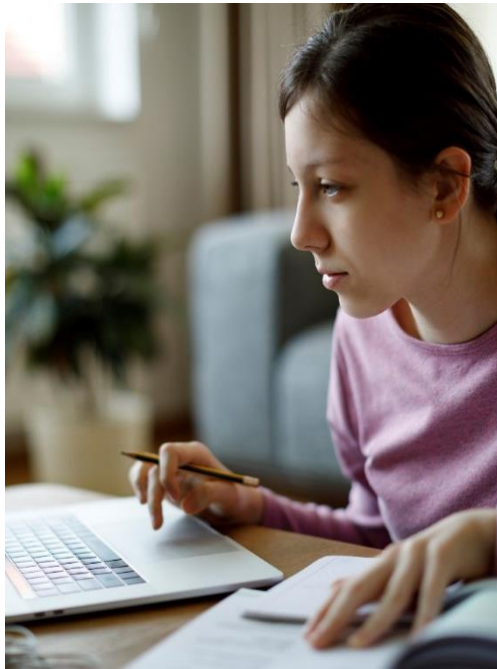
PAM generally requires supervised practice

### **Supervision Timelines:**

- Ph.D. applicants can expect to be supervised for an average of 1-2 years (100-200 hours)
- Master’s applicants can expect to be supervised for an average of 4 years (400 hours)

- 3 exams requirements before a “candidate” becomes independent psychologist or psychological associate (independent practice) member
1. Jurisprudence Exam
  2. Examination for Professional Practice Psychology (EPPP)
  3. Oral Examination

## Getting Started with the PAM Process



- Read the [applicant handbook](#) to ensure you fully understand the process before you begin.
- Begin the process of gathering the required documents before starting your application and paying any fees.
- Follow the [step-by-step guide to the application process](#).
- If you have any questions that you can't find answers to on the [FAQ](#) page, you can contact the ACPRO support team by toll-free telephone: 1-844-984-2801.

## PAM Contacts



Psychological Association of Manitoba  
1661 Portage Avenue, Suite 307  
Winnipeg, MB R3J 3T7



T: 204-487-0784  
F: 431-317-1098



<https://www.cpmb.ca/>  
[officecpmb@gmail.com](mailto:officecpmb@gmail.com)  
[registrarcpmb@gmail.com](mailto:registrarcpmb@gmail.com)

School Clinician



## Alternate Qualification Recognition Pathways

NOTE: the following are not *supplemental* pathways to the Psychologist designation. The following are *alternative* professional designation/membership pathways.

### Canadian Counselling and Psychotherapy Association

- Individuals who do not meet the requirements for registration as a Psychologist in Manitoba may alternatively consider applying for membership with the [Canadian Counselling and Psychotherapy Association](#).

## Alternative Careers for Psychologists



# Career Development Manitoba

Manitoba



Addictions  
Counsellor

Assistant  
Professor

Community  
Facilitator

Employment  
Consultant

Art Therapist

Child, Youth,  
and Family  
Counsellor

Crisis  
Counsellor

For more information visit [NOC website](#)

# Career Development Manitoba

Manitoba



Human Rights  
Worker

Mental  
Health  
Counsellor

Public Rights  
Coordinator

Social  
Assistance  
Advisor

Immigration  
Settlement  
Worker

Policy  
Analyst

Settlement  
Counsellor

For more information visit [NOC website](#)

## Alternative Training Options



# Career Development Manitoba



University of Winnipeg

- [Certificate in Applied Psychology](#)

University of Manitoba

# Career Development Manitoba



Red River College Polytechnic

# Career Development Manitoba



University of Winnipeg - PACE

# Career Development Manitoba



## Shared Health

- [Addictions Education](#)

## Red Cross

- [Psychological First Aid](#)

## Career Planning Can Help You

**Enter the workforce**

**Plan for education**

**Deal with changing workplace demands**

**Anticipate trends or changes**

**Upgrade or maintain your skills**

**Develop skills for managing your career**

## Reflecting on Barriers and Strengths



## Setting Short and Long-term Goals

**Set SMART Goals**  
What? When?  
How?

**How much time do  
you have  
to complete  
each step?**

**What resources  
might you need?  
Who can help?**

## Career and Education Plan

Name and Client ID: Jon Doe (123456)

### Short Term Goal 1

Community/Social Service Worker

### Short Term Goal 2

Counsellor

### Long Term Goal

Psychologist

#### Achieving and Maintaining Long-Term Employment

- Maintaining long term employment and Career Management – An ongoing process:
  - a. Continuous learning – develop new skills or refine existing skills
  - b. Professional development – take courses, attend workshops, read, network, volunteer
  - c. Balancing work and life – reflect on values, priorities, and life circumstance
- Other: Complete Licensure process to become a Canadian Psychologist

#### Researching Post Secondary Training

- Research education and training options
  - Identify post-secondary institution
  - Verify admissions requirements
  - Research funding options (Employment MB, SEED Recognition Counts, Student Aid, etc.)
  - Other: Book a meeting with a counselor at SEED Winnipeg
- Date: Jan 25, 2021  
Date: Jan 25, 2021  
Date: Jan 25, 2021  
Date: Jan 25, 2021

#### Qualification Recognition

- Research your regulated profession or trade
  - Contact regulatory body
  - Identify necessary requirements (language level, transcript, syllabus, etc.) Research Funding Options
  - (Immigrant Access fund, Employment MB, SEED Recognition Counts, MB Student Aid, bursaries, financial institutions, etc.).
  - Other: Attend Qualifications Recognition webinar/information session at Manitoba Start
- Date: Jan 28, 2021  
Date: Jan 28, 2021  
Date: Jan 28, 2021  
Date: Feb 5, 2021  
Date: Feb 5, 2021

#### Skill Development

- Research job specific training (First Aid/CPR, forklift, security guard license, etc.)
  - Complete computer assessments sent by facilitator/coach; consider computer training
  - Consider volunteering (visit [www.volunteermanitoba.ca](http://www.volunteermanitoba.ca))
  - Language assessment at WELARC
  - Obtain Driver's license
  - Other: Identify skill training options for Psychologists with career coach on January 25, 2021.
- Date: Jan 25, 2021  
Date: Jan 25, 2021  
Date: Feb 5, 2021  
Date: Feb 5, 2021  
Date: Feb 8, 2021  
Date:

#### Job Search Preparation

- Complete Career Development Workshop at Manitoba Start
  - Finalize marketing materials (resume, cover letter, references)
  - Apply for Security Clearance Checks (criminal record check, child abuse registry, adult abuse registry, immunizations record)
  - Other: Discuss the QR process for Psychologists with career coach on January 25, 2021.
- Date: Jan 25, 2021  
Date: Jan 25, 2021  
Date: Jan 25, 2021  
Date:

If you require additional information about Foreign Credential Recognition, please contact a Foreign Credential Recognition Navigator at [fcr@manitobastart.com](mailto:fcr@manitobastart.com)

If you are not currently a Manitoba Start client, register with us:

- Call front desk at 204-944-8833
- Visit in person
- Complete our online [registration form](#) to receive career development support.

Good luck with your career planning and work search!