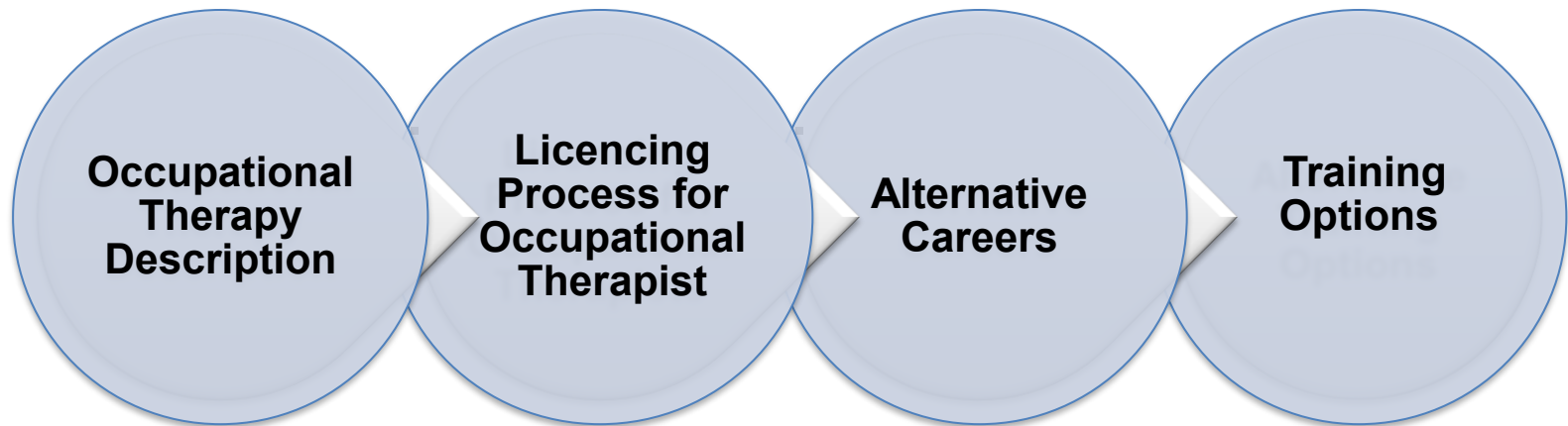


Occupational Therapist

Foreign Credential Recognition, Alternative Careers,
and Training Options



What Roles do Occupational Therapists in Canada Perform?



Occupational Therapist

[NOC website](#)



Job Duties

- Analyse clients' capabilities and expectations related to life activities through observation, interviews and formal assessments.
- Develop intervention programs to address clients' needs related to self-care, work and leisure activities.
- Maintain clients' records.
- Establish personalized care plans working as a member of an interdisciplinary team.
- Consult and advise on health promotion programs to prevent disabilities and to maximize independent function in all activities of life.
- May supervise support personnel and students and provide training.

Occupational Therapist

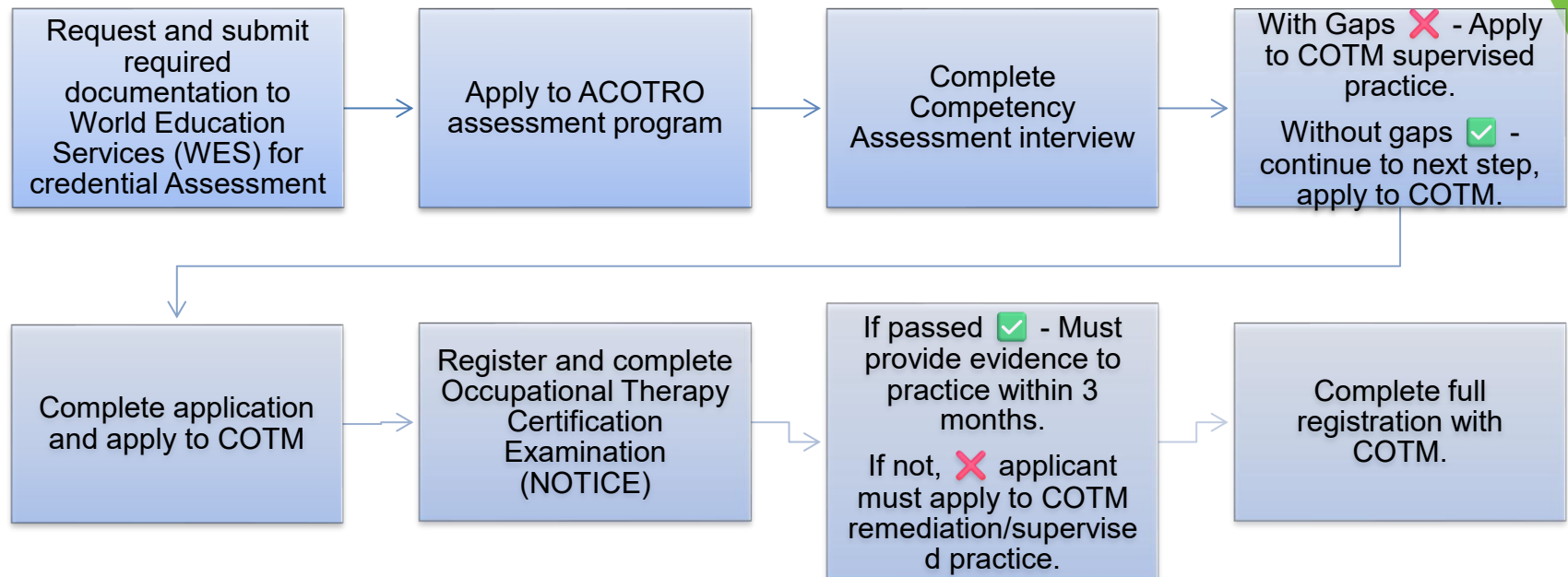
[NOC website](#)



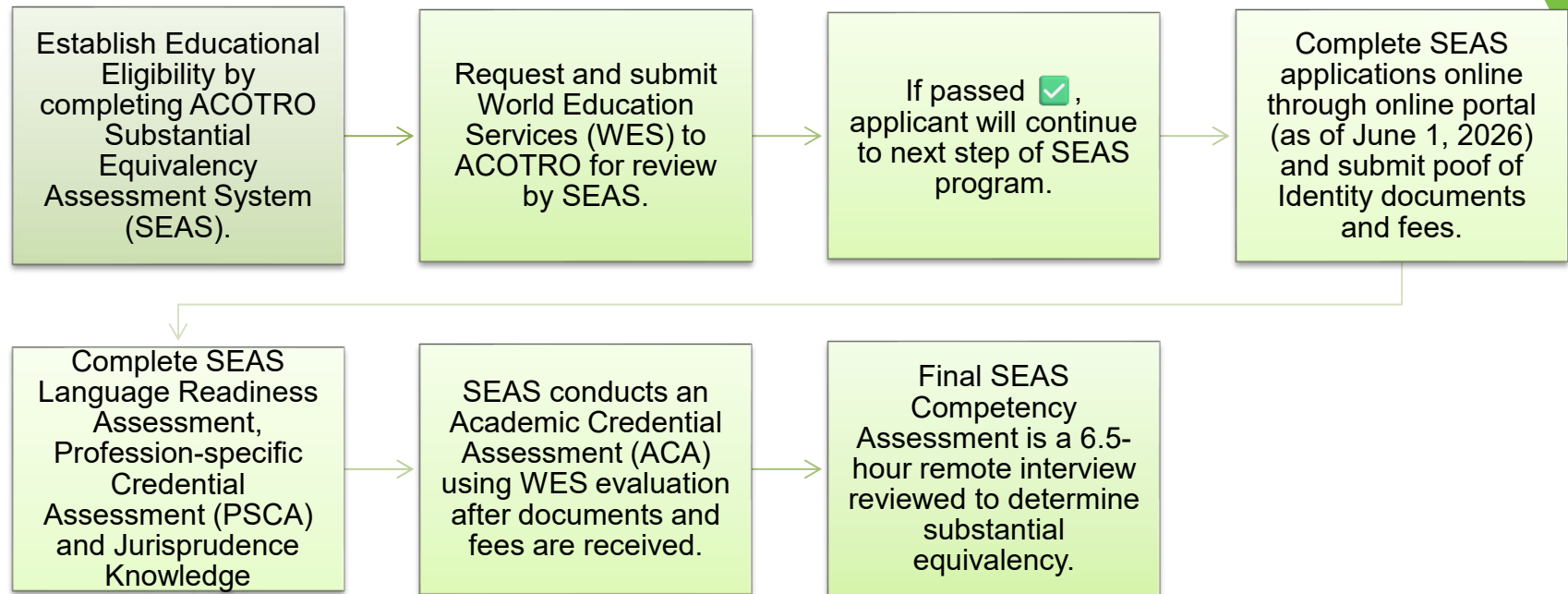
Employment requirements

- A university degree in occupational therapy including supervised fieldwork is required.
- Completion of a national or provincial certification examination is required.
- Licensure with a regulatory body is required in all provinces and territories.
- Membership in the national association, Canadian Association of Occupational Therapists, is required in some provinces.
- Occupational therapists may obtain expertise in a particular area through additional training or experience.

Occupational Therapist Licensure Pathway



ACOTRO Assessment Process



SEAS Steps Overview

Step 1: Academic Credential Assessment

- Submit application and fee
- Provide WES ICAP report to Association of Canadian Occupational Therapy Regulatory Organizations
- SEAS reviews education to determine if it meets minimum Canadian OT degree requirements
- Submit proof of identity documents
- If requirements are met, proceed to next step

Step 2: Required Assessments

- Language Readiness Assessment (English/French proficiency)
- Profession-Specific Credential Assessment (PSCA) – education and fieldwork review
- Jurisprudence Knowledge Assessment Test (JKAT) – online multiple-choice exam

Step 3: Competency Assessment

- 6.5-hour remote interview-style assessment
- Scheduled after final fee payment

Final Decision

- SEAS file reviewed by Determination Committee
- Decision made on substantial equivalency
- If successful, Certificate of Substantial Equivalency is issued (valid for 3 years)
- Enables application to provincial regulatory body (e.g., Manitoba)

SEAS Assessment Process

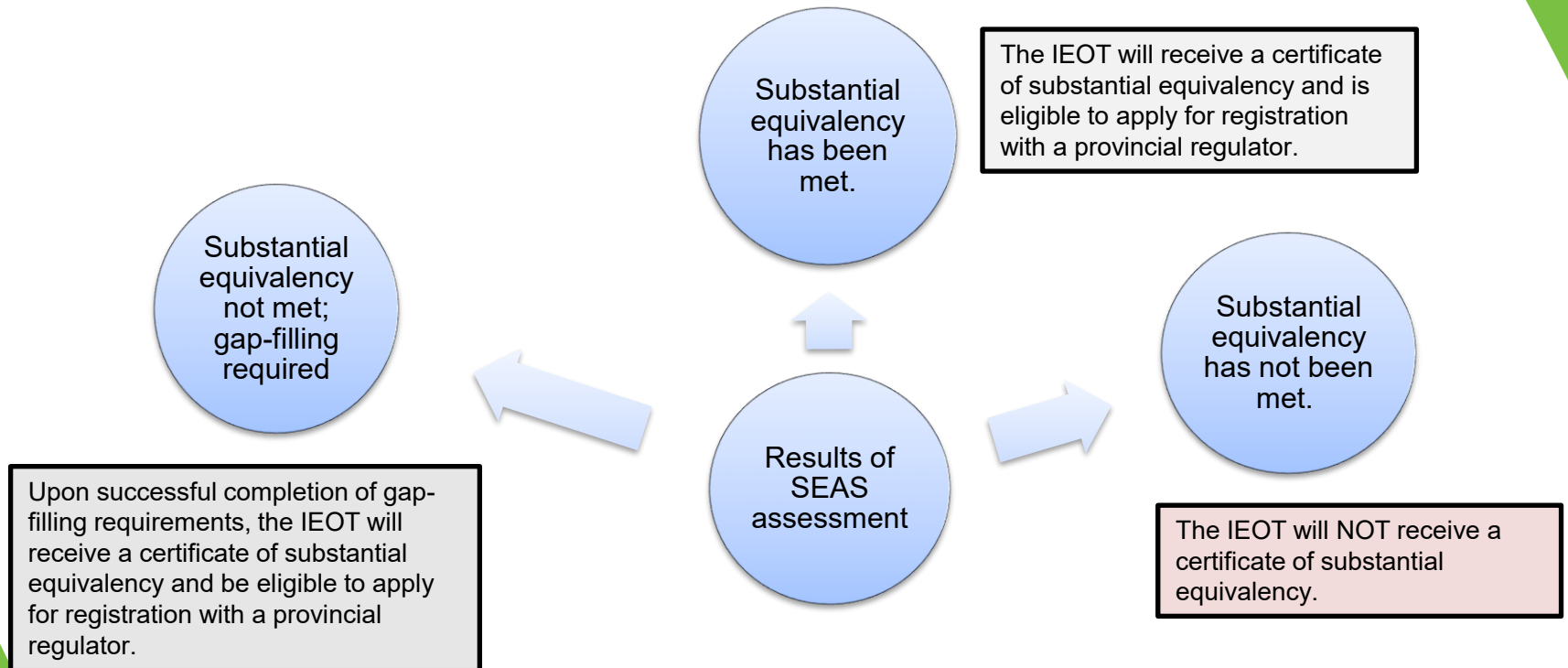
Internationally educated applicants must complete the Substantial Equivalency Assessment System (SEAS) through the Association of Canadian Occupational Therapy Regulatory Organizations (ACOTRO).

SEAS assesses whether education and competencies are equivalent to Canadian standards.

Applicants will apply to college of Occupational Therapists of Manitoba only after ACOTRO has deemed you to have met the substantial equivalency requirement.

Successful applicants become eligible to write the National Occupational Therapy Certification Examination (NOTCE).

SEAS Assessment Outcomes



College of Occupational Therapists of Manitoba Contact Information



General Enquiries

E-mail: OTinfo@cotm.ca
Telephone: [\(204\) 957-1214](tel:(204)957-1214)
Toll Free: [1 866-957-1214](tel:1866-957-1214)

College of Occupational Therapists of Manitoba

PO BOX 46032 RPO WESTDALE
WINNIPEG MB R3R 3S3



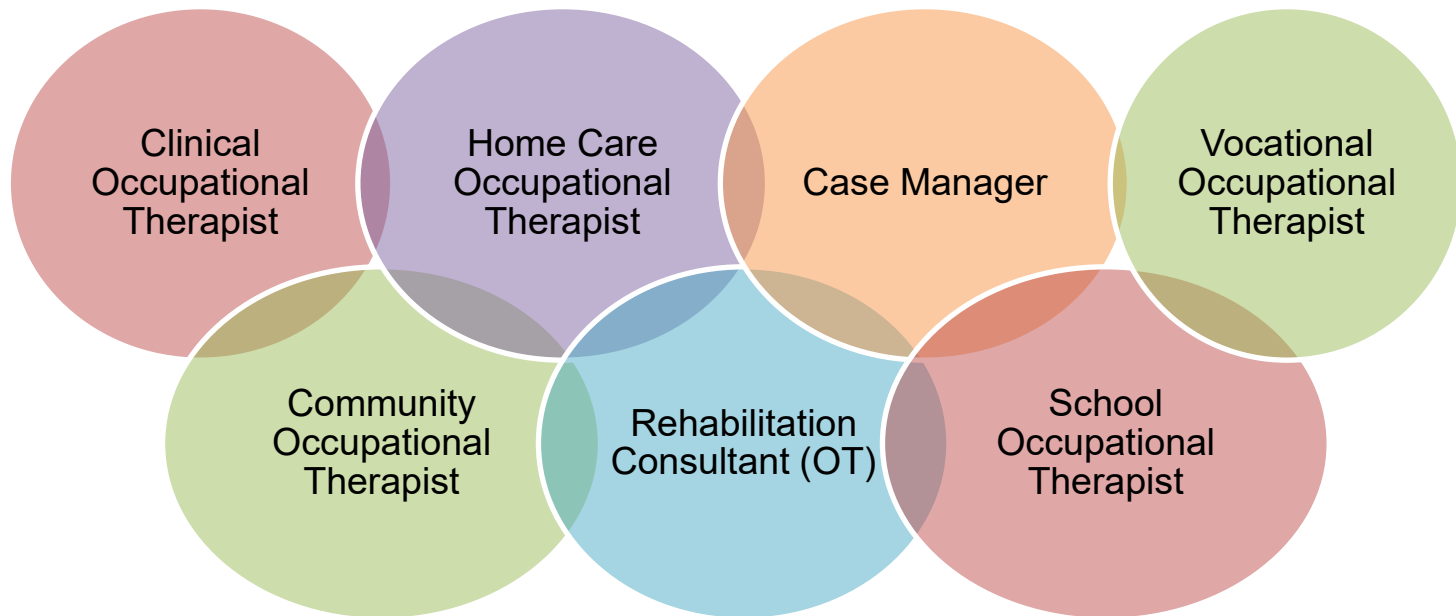
Online: <http://cotm.ca>

Alternative Careers for Occupational Therapists



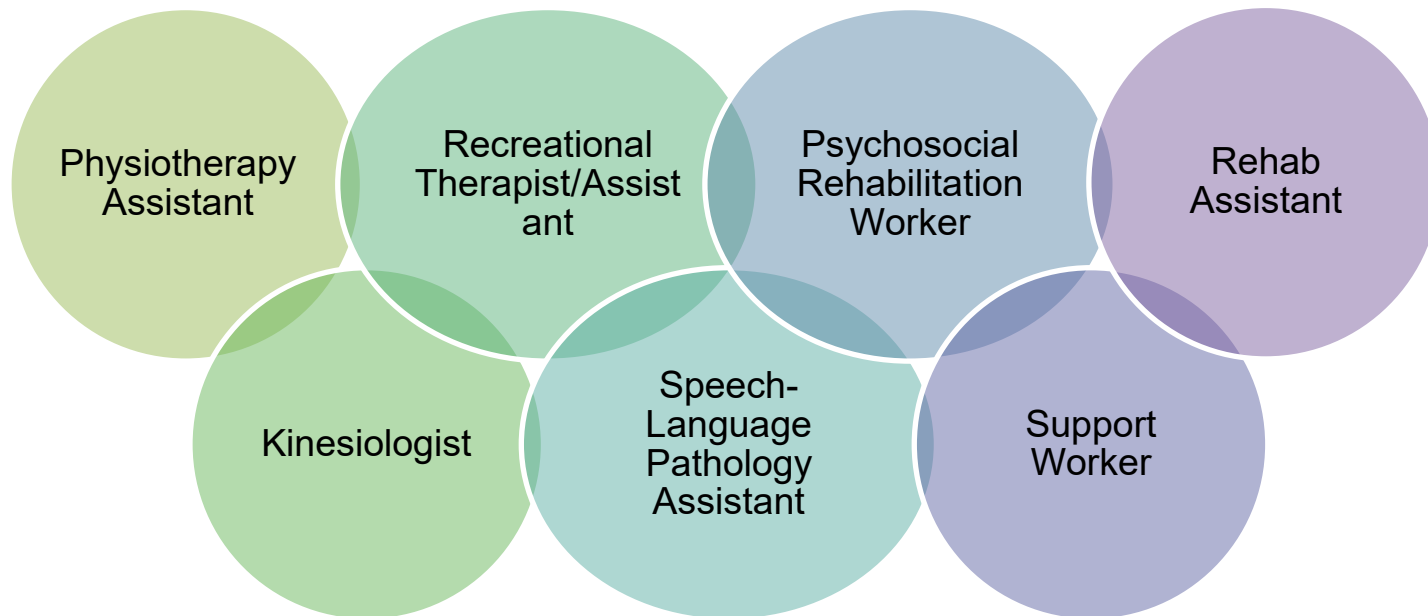
Career Development Manitoba

Manitoba



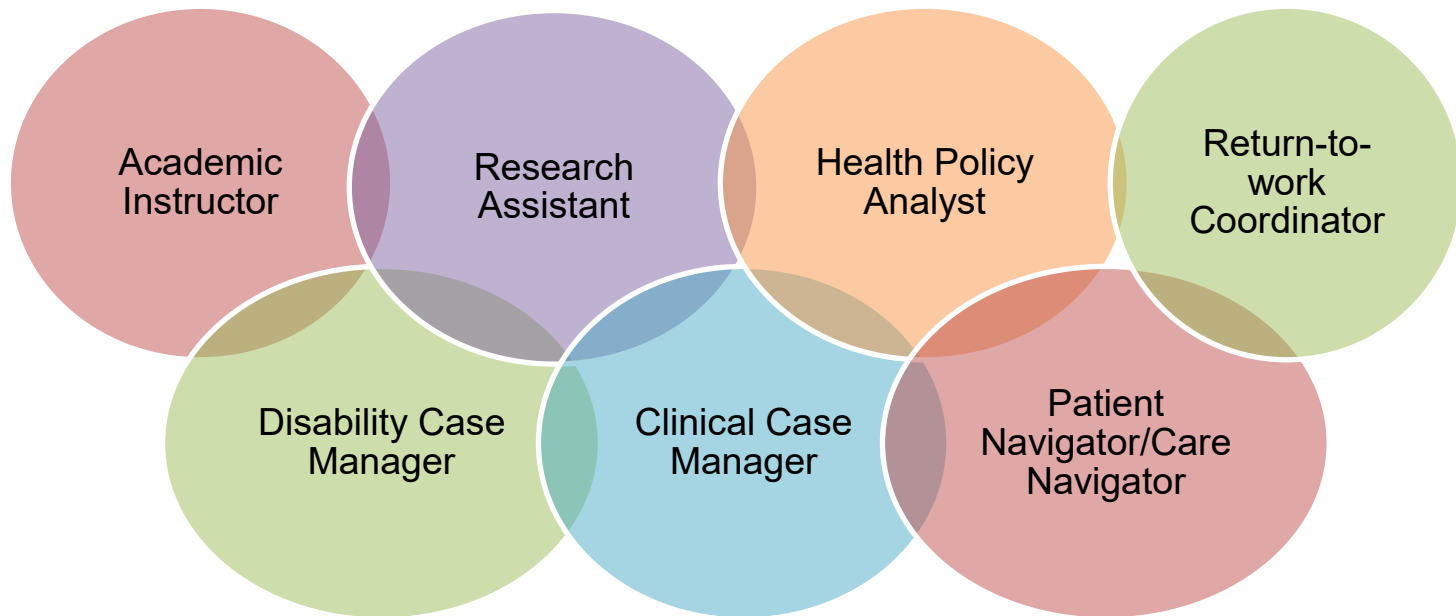
For more information visit [NOC website](#)

Career Development Manitoba



For more information visit [NOC website](#)

Career Development Manitoba



For more information visit [NOC website](#)

Alternative Training Options



Rehabilitation Assistant – Robertson College

Disability & Community Support Worker programs

Disability and Community Support – RRC Polytech

Community Support Worker – Robertson College

Addictions & Community Services Worker Diploma Program – CDI College

Disability Support Worker – Province of Manitoba

Career Planning Can Help You

Enter the workforce

Plan for education

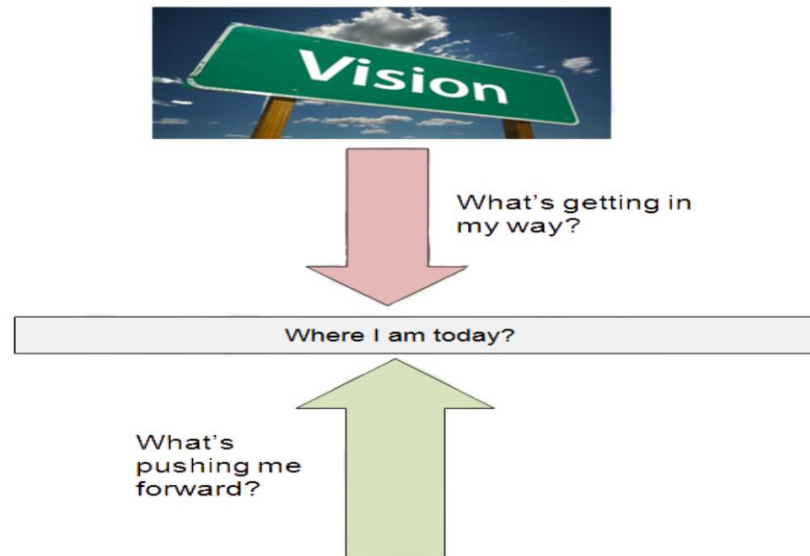
Deal with changing workplace demands

Anticipate trends or changes

Upgrade or maintain your skills

Develop skills for managing your career

Reflecting on Barriers and Strengths



Setting Short and Long-term Goals

Set SMART Goals
What? When?
How?

**How much time do
you have
to complete
each step?**

**What resources
might you need?
Who can help?**

Career and Education Plan

Name and Client ID: Chloe Bennett (149621)

Short Term Goal 1

Rehabilitation Assistant

Short Term Goal 2

Support Worker

Long Term Goal

P. Occupational Therapist

Achieving and Maintaining Long-Term Employment

- Maintaining long term employment and Career Management – An ongoing process:
 - Continuous learning – develop new skills or refine existing skills
 - Professional development – take courses, attend workshops, read, network, volunteer
 - Balancing work and life – reflect on values, priorities and life circumstance
- Other: Initiate and complete licensure process to become a P. Occupational Therapist

Researching Post Secondary Training

- Research education and training options Date: Apr 16, 2026
- Identify post-secondary institution Date: Apr 18, 2026
- Verify admissions requirements Date: May 20, 2026
- Research funding options (Employment MB, SEED Recognition Counts, Student Aid, etc.) Date: Apr 18, 2026
- Other: Create ACOTRO SEAS account Date:

Qualification Recognition

- Research your regulated profession or trade Date: Feb 14, 2026
- Contact regulatory body Date: Feb 14, 2026
- Identify necessary requirements (language level, transcript, syllabus, etc.) Date: Feb 16, 2026
- Research Funding Options (Immigrant Access fund, Employment MB, SEED Recognition Counts, MB Student Aid, bursaries, financial institutions, etc.). Date: Feb 18, 2026
- Other: Collect documents for submission to WES Date: Mar 20, 2026

Skill Development

- Research job specific training (First Aid/CPR, fork lift, security guard license, etc.) Date: Mar 10, 2026
- Complete computer assessments sent by facilitator/coach; consider computer training Date: Mar 20, 2026
- Consider volunteering (visit www.volunteermanitoba.ca) Date: Mar 10, 2026
- Language assessment at WELARC Date: Mar 12, 2026
- Obtain Driver's license Date: Apr 10, 2026
- Other: Find volunteer positions Date: Mar 20, 2026

Job Search Preparation

- Complete Career Development Workshop at Manitoba Start Date: Feb 16, 2026
 - Finalize marketing materials (resume, cover letter, references) Date: Feb 18, 2026
 - Apply for Security Clearance Checks (criminal record check, child abuse registry, adult abuse registry, immunizations record) Date: May 20, 2026
 - Other: Date: Mar 1, 2026
- Prepare a list of employers to apply after finalizing resume and cover letter with Career Coach.

Career Development Manitoba



If you require additional information about Foreign Credential Recognition, please contact a Foreign Credential Recognition Navigator at fcr@manitobastart.com

If you are not currently a Manitoba Start client, register with us:

- Call front desk at 204-944-8833
- Visit in person
- Complete our online [registration form](#) to receive career development support.

Good luck with your career planning and work search!