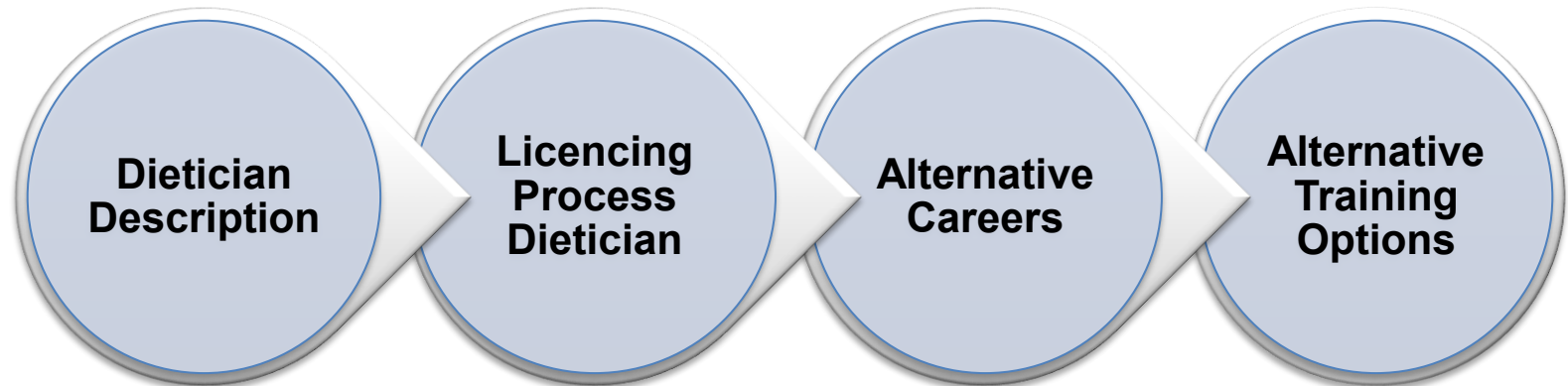


# Dietitians

Foreign Credential Recognition, Alternative  
Careers,  
and Training Options

# Career Development Manitoba

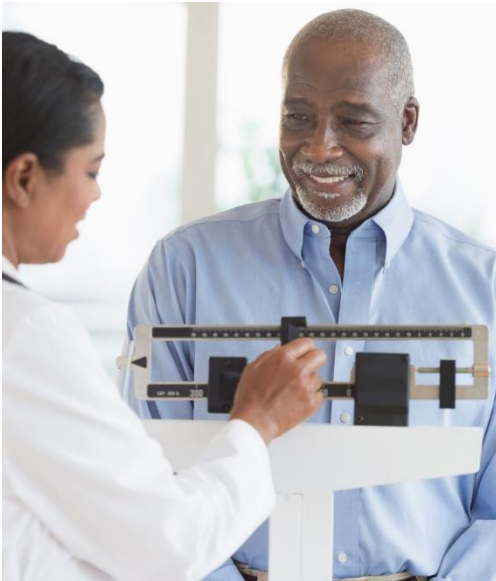


## What Roles do Dietitians in Canada Perform?



## Dietitians

[NOC website](#)

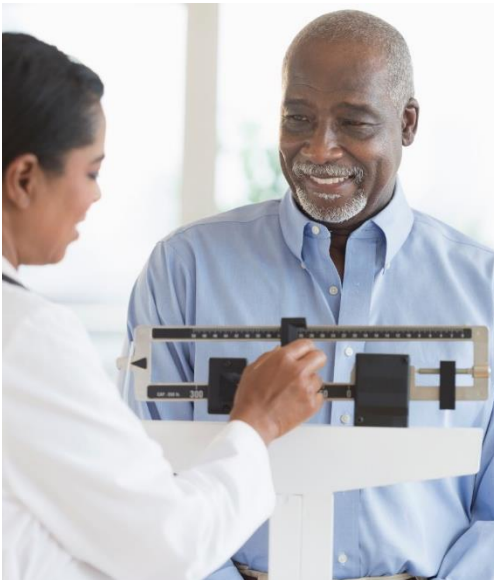


### Job Duties

- Develop, implement, and evaluate nutrition programs and services for individuals, communities, and populations
- Manage food service systems in hospitals, long-term care facilities, schools, privately owned-food service outlets or similar settings
- Provide nutrition guidance, label interpretation and consultation services to health professionals, individuals, dietetic interns, community groups, government, and the media
- Evaluate nutritional status of individuals and aid in the prevention and/or treatment of inadequate nutrition
- Plan, evaluate and conduct nutrition education programs and develop educational materials for various audiences

## Dietitians

[NOC website](#)



### Job Duties

- Practice on an individual basis or as a member of an interdisciplinary team to determine nutritional needs of patients and to plan, implement and evaluate normal and therapeutic diets to maintain and enhance general health
- Analyze current scientific nutritional studies, conduct research, and evaluate program effectiveness to improve the nutritional value, taste, appearance, and preparation of food
- Work within industry in the development, testing and evaluation, and marketing of food and nutrition products or as a company representative supplying product related information to health professionals
- Confer with other health professionals, community groups, government, and the media to provide consultation and advice in areas of nutrition interpretation, intervention, and policy
- Supervise training of dietetic interns.

## Dietitians

[NOC website](#)

### **Employment Requirements**

- Dietitians require a bachelor's degree in dietetics, nutrition, or a related field such as food and nutritional science from a program accredited by the Partnership for Dietetic Education and Practice (PDEP), and a period of supervised practical training.
- Successful completion of the Canadian Dietetic Registration Exam (CDRE) is required in all provinces except Quebec.
- Registration with a regulatory body is required in all provinces for dietitians.
- Membership in the national association, Dietitians of Canada, is voluntary.
- Registration with a regulatory body is required for nutritionists in Nova Scotia, Quebec and Alberta. In the remaining provinces, nutritionists may require the same education and practical training as dietitians.
- Membership with the national association, Dietitians of Canada, and/or a provincial regulatory body is available for nutritionists who have the same education and practical training as dietitians.

## College of Dietitians of Manitoba (CDM) Process

There are three non-exemptible requirements for membership into the College:

### Academic Requirement

- University Degree in Human Nutritional Sciences, or equivalent.

### Internship/ Practicum Requirement

If an internship or practicum is equivalent to the Canadian standards, you will be eligible to undergo SET

#### CANADIAN STANDARDS:

- \* Supervised by a registered Dietitian
- \* Program is minimum of 1250 hours in length
- \* Program is formally structured
- \* Program includes evaluation component
- \* Areas of practice include nutrition care, health promotion/population health and food service management

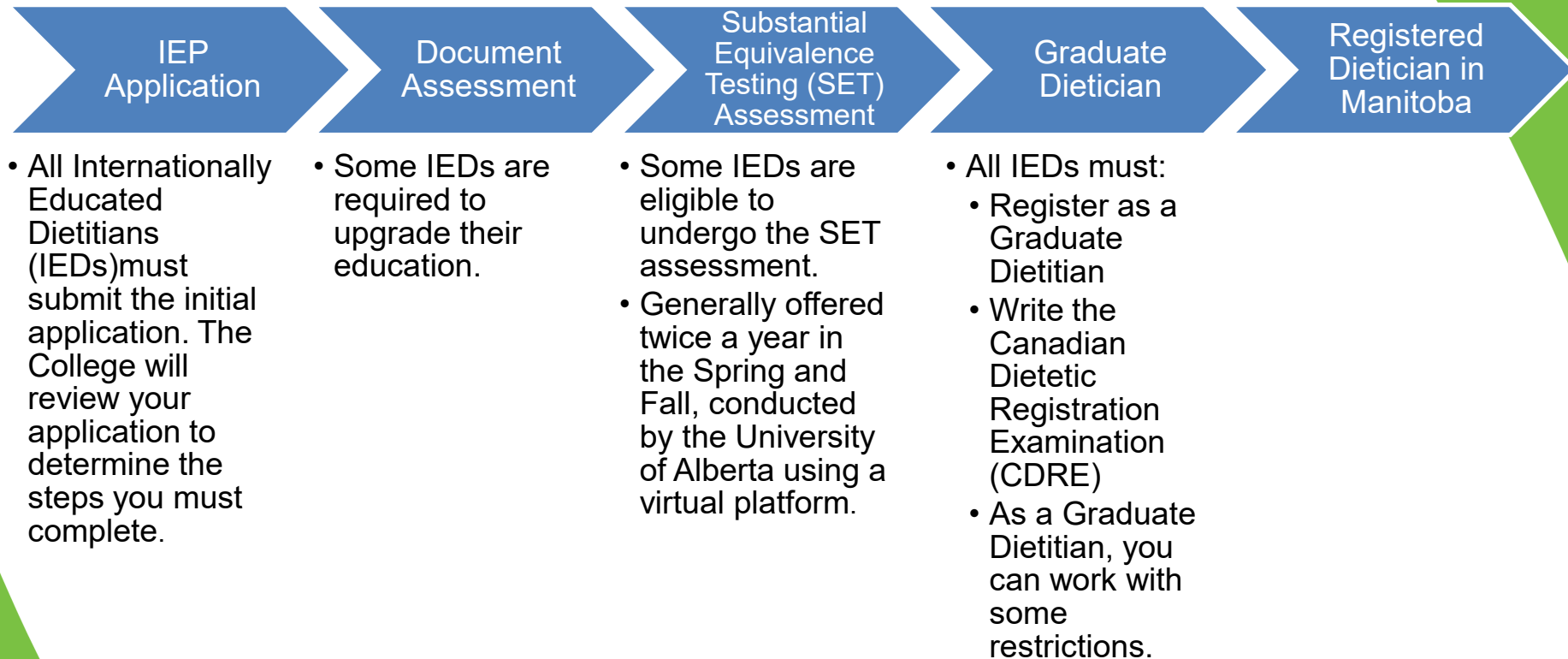
### Currency Requirement

- The College of Dietitians of Manitoba considers an applicant up to date if they have completed all the qualifications within three years prior to the date of application.

### Other Requirements

- IELTS overall band score of 7.
- Proof of current registration in good standing with your country/state licensing body (if applicable)
- Information on professional development/continuing education activities.
- Criminal record check, adult abuse, and child abuse registry check.

## College of Dietitians of Manitoba (CDM) Overview



Career Development Manitoba

## Transcript Assessments

World Education  
Services  
(WES – Canada)



## Getting Stared with the CDM Process



- Self-Assessment
  - <https://dietitianselfassessment.ca/home.aspx>
- Financial Help
  - <https://seedwinnipeg.ca/programs/detail/recognition-counts>
- Language Assistance
  - <https://www.collegeofdietitiansmb.ca/internationally-educated-applicant/start-here/task-3-language/>
- CDM Resources
  - <https://www.collegeofdietitiansmb.ca/resources/>

## CDM Contacts



College of Dietitians of Manitoba  
208-584 Pembina Highway  
Winnipeg, MB R3M 3X7



T: 204.694.0532  
F: 204.889.1755  
TF: 1.866.283.2823

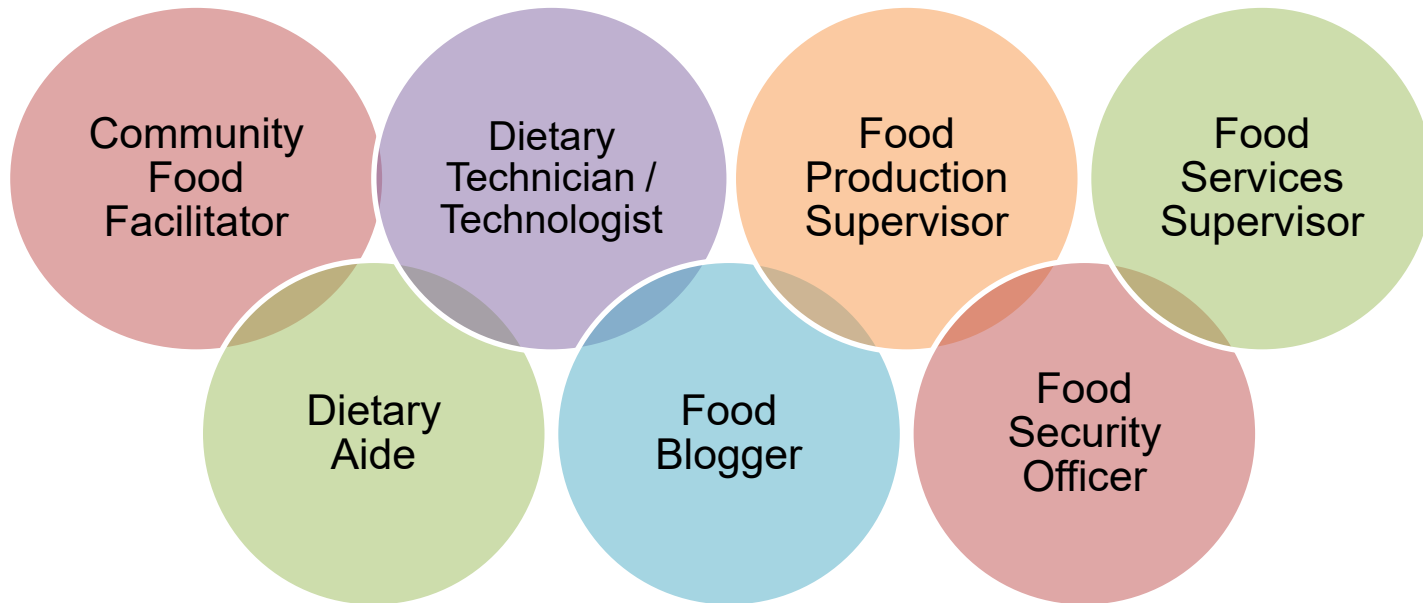


<https://www.collegeofdietitiansmb.ca/>  
[office@collegeofdietitiansmb.ca](mailto:office@collegeofdietitiansmb.ca)

## Alternative Careers for Dietitians



# Career Development Manitoba



For more information visit [NOC website](#)

# Career Development Manitoba

Manitoba



Health and  
Wellness  
Coach

Nutritional  
Sales Rep

Public  
Health  
Professional

Food  
Research  
Assistant

Nutrition  
Educator

Health and  
Safety  
Specialist

Quality  
Control  
Analyst

For more information visit [NOC website](#)

## Alternative Training Options



# Career Development Manitoba



University of Manitoba

Red River College Polytechnic

## Training Options for Dietitians

### Dietitians of Canada

- [Online Courses](#)

### Winnipeg Regional Health Authority

- [Nutrition & Food Services](#)

### Province of Manitoba

- [Certified Food Handler Training Program](#)

## Career Planning Can Help You

**Enter the workforce**

**Plan for education**

**Deal with changing workplace demands**

**Anticipate trends or changes**

**Upgrade or maintain your skills**

**Develop skills for managing your career**

## Reflecting on Barriers and Strengths



## Setting Short and Long-term Goals

**Set SMART Goals**  
What? When?  
How?

**How much time**  
do you have  
to complete  
each step?

**What resources**  
might you need?  
Who can help?

## Career and Education Plan

Name and Client ID: Jon Doe (123456)

### Short Term Goal 1

Dietary Aide

### Short Term Goal 2

Dietary Technician

### Long Term Goal

Dietician

#### Achieving and Maintaining Long-Term Employment

- Maintaining long term employment and Career Management – An ongoing process:
  - a. Continuous learning – develop new skills or refine existing skills
  - b. Professional development – take courses, attend workshops, read, network, volunteer
  - c. Balancing work and life – reflect on values, priorities, and life circumstance
- Other: Complete Licensure process to become a Canadian Dietician

#### Researching Post Secondary Training

- Research education and training options Date: \_\_\_\_\_
- Identify post-secondary institution Date: \_\_\_\_\_
- Verify admissions requirements Date: \_\_\_\_\_
- Research funding options (Employment MB, SEED Recognition Counts, Student Aid, etc.) Date: Jan 25, 2021
- Other: Book a meeting with a counselor at SEED Winnipeg Date: Jan 25, 2021

#### Qualification Recognition

- Research your regulated profession or trade Date: Jan 28, 2021
- Contact regulatory body Date: Jan 28, 2021
- Identify necessary requirements (language level, transcript, syllabus, etc.) Research Funding Options Date: Jan 28, 2021
- (Immigrant Access fund, Employment MB, SEED Recognition Counts, MB Student Aid, bursaries, financial institutions, etc.) Date: Feb 5, 2021
- Other: Attend Qualifications Recognition webinar/information session at Manitoba Start Date: Feb 5, 2021

#### Skill Development

- Research job specific training (First Aid/CPR, forklift, security guard license, etc.) Date: Jan 25, 2021
- Complete computer assessments sent by facilitator/coach; consider computer training Date: Jan 25, 2021
- Consider volunteering (visit [www.volunteermanitoba.ca](http://www.volunteermanitoba.ca)) Date: Feb 5, 2021
- Language assessment at WELARC Date: Feb 5, 2021
- Obtain Driver's license Date: Feb 8, 2021
- Other: Identify skill training options for Dieticians with career coach on January 25, 2021. Date: \_\_\_\_\_

#### Job Search Preparation

- Complete Career Development Workshop at Manitoba Start Date: Jan 25, 2021
- Finalize marketing materials (resume, cover letter, references) Date: Jan 25, 2021
- Apply for Security Clearance Checks (criminal record check, child abuse registry, adult abuse registry, immunizations record) Date: Jan 25, 2021
- Other: Discuss the QR process for Dieticians with career coach on January 25, 2021. Date: \_\_\_\_\_

# Career Development Manitoba



If you require additional information about Foreign Credential Recognition, please contact a Foreign Credential Recognition Navigator at [fcr@manitobastart.com](mailto:fcr@manitobastart.com)  
If you are not currently a Manitoba Start client, register with us:

- Call front desk at 204-944-8833
- Visit in person
- Complete our online [registration form](#) to receive career development support.

Good luck with your career planning and work search!