

Career Development Manitoba

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Qualification Recognition, Alternative
Careers, and Training Options

April 2024

Career Development Manitoba

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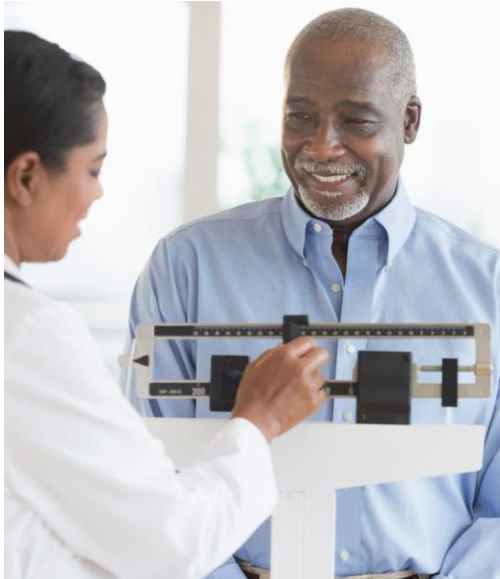


What Roles do Dietitians in Canada Perform?



Dietitians

[NOC website](#)

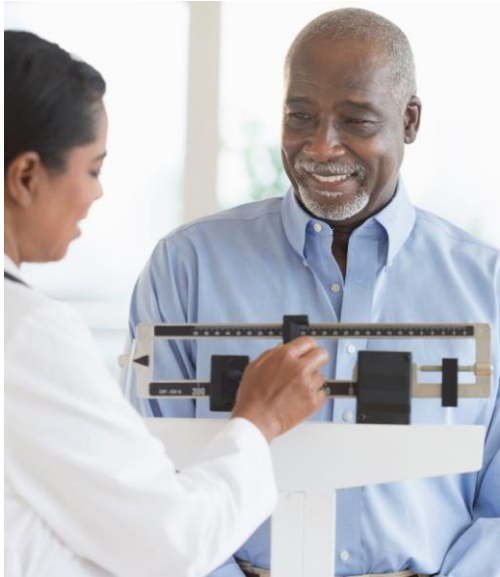


Job Duties

- Develop, implement, and evaluate nutrition programs and services for individuals, communities, and populations
- Manage food service systems in hospitals, long-term care facilities, schools, privately owned-food service outlets or similar settings
- Provide nutrition guidance, label interpretation and consultation services to health professionals, individuals, dietetic interns, community groups, government, and the media
- Evaluate nutritional status of individuals and aid in the prevention and/or treatment of inadequate nutrition
- Plan, evaluate and conduct nutrition education programs and develop educational materials for various audiences
- Practice on an individual basis or as a member of an interdisciplinary team to determine nutritional needs of patients and to plan, implement and evaluate normal and therapeutic diets to maintain and enhance general health
- Analyze current scientific nutritional studies, conduct research, and evaluate program effectiveness to improve the nutritional value, taste, appearance, and preparation of food
- Work within industry in the development, testing and evaluation, and marketing of food and nutrition products or as a company representative supplying product related information to health professionals
- Confer with other health professionals, community groups, government, and the media to provide consultation and advice in areas of nutrition interpretation, intervention, and policy
- Supervise training of dietetic interns.

Dietitians

[NOC website](#)



Employment Requirements

- Dietitians require a bachelor's degree in dietetics, nutrition, or a related field such as food and nutritional science from a program accredited by the Partnership for Dietetic Education and Practice (PDEP), and a period of supervised practical training.
- Successful completion of the Canadian Dietetic Registration Exam (CDRE) is required in all provinces except Quebec.
- Registration with a regulatory body is required in all provinces for dietitians.
- Membership in the national association, Dietitians of Canada, is voluntary.
- Registration with a regulatory body is required for nutritionists in Nova Scotia, Quebec and Alberta. In the remaining provinces, nutritionists may require the same education and practical training as dietitians.
- Membership with the national association, Dietitians of Canada, and/or a provincial regulatory body is available for nutritionists who have the same education and practical training as dietitians.

College of Dietitians of Manitoba (CDM) Process

There are three non-exemptible requirements for membership into the College:

1) Academic Requirement

- University Degree in Human Nutritional Sciences, or equivalent.

2) Internship/Practicum Requirement

- A dietetic internship or practicum program that is equivalent to a Canadian accredited program and supervised by a registered dietitian.
- A standard internship/practicum in Canada is 35-40 weeks

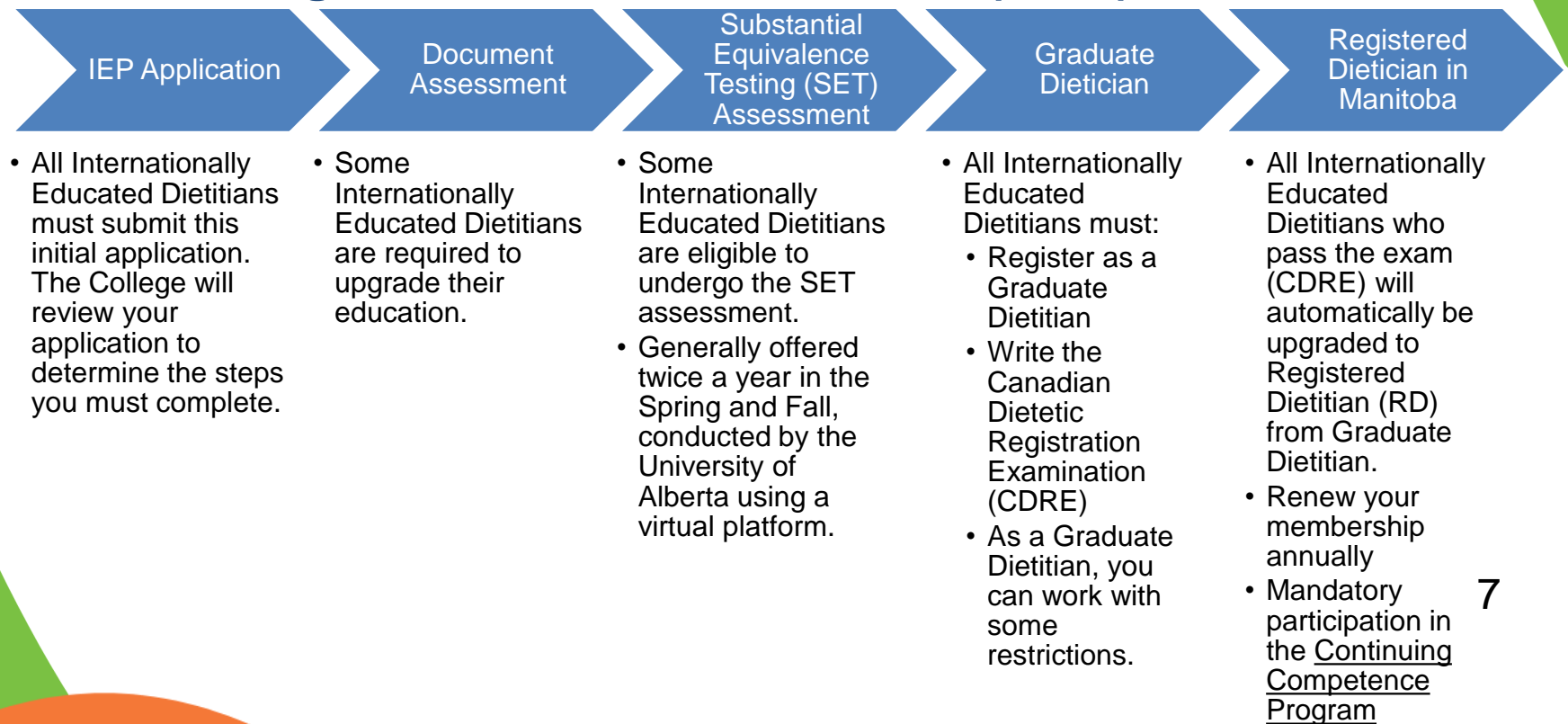
3) Currency Requirement

- The College of Dietitians of Manitoba considers an applicant up to date if they have completed all the qualifications within three years prior to the date of application.

Other Requirements

- IELTS overall band score of 7.
- Proof of current registration in good standing with your country/state licensing body (if applicable)
- Information on professional development/continuing education activities.
- Criminal record check, adult abuse, and child abuse registry check.

College of Dietitians of Manitoba (CDM) Overview



Transcript Assessments

The College of Dietitians of Manitoba accepts assessments from the following agencies:

World Education Services (WES – Canada)

- [World Education Services](#)
- Course-by-course report, or ICAP service.

IQAS (International Qualifications Assessment Service)

- [IQAS](#)
- 'Basic' assessment

University of Toronto – Comparative Education Services

- [Comparative Education Services](#)

Getting Stared with the CDM Process



- Self-Assessment
 - <https://dietitiansselfassessment.ca/home.aspx>
- Financial Help
 - <https://seedwinnipeg.ca/programs/detail/recognition-counts>
- Language Assistance
 - <https://www.collegeofdietitiansmb.ca/internationally-educated-applicant/start-here/task-3-language/>
- CDM Resources
 - <https://www.collegeofdietitiansmb.ca/resources/>

CDM Contacts



College of Dietitians of Manitoba
208-584 Pembina Highway
Winnipeg, MB R3M 3X7



T: 204.694.0532
F: 204.889.1755
TF: 1.866.283.2823

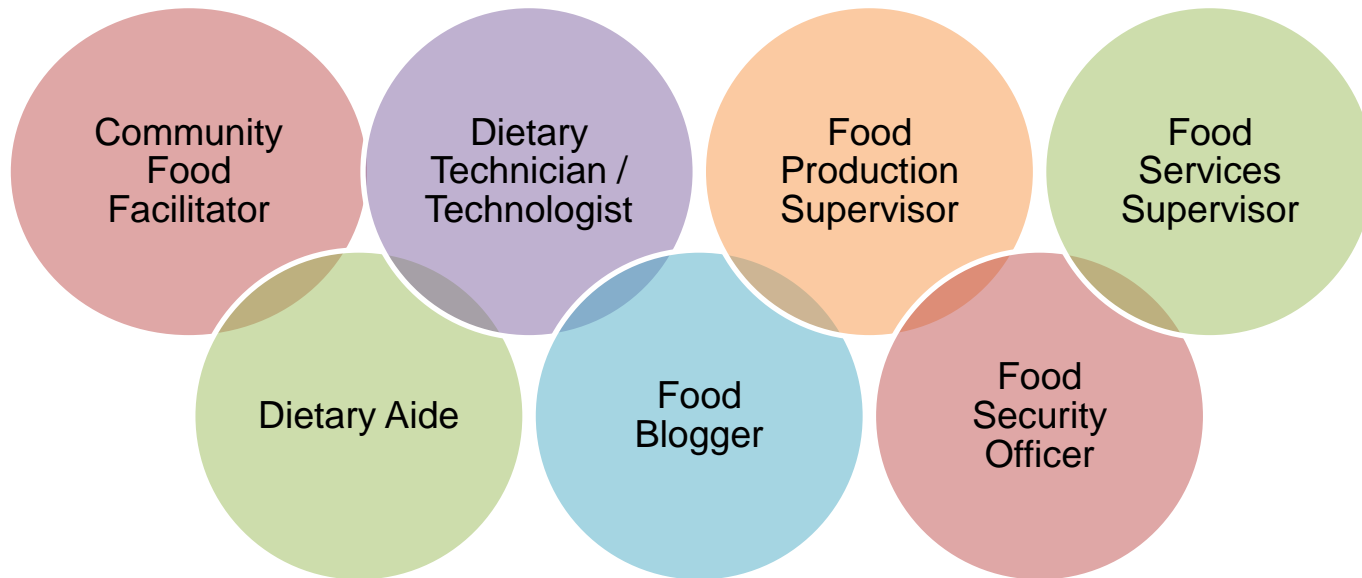


[https://www.collegeofdietitiansmb.ca/
office@collegeofdietitiansmb.ca](https://www.collegeofdietitiansmb.ca/office@collegeofdietitiansmb.ca)

Alternative Careers for Dietitians

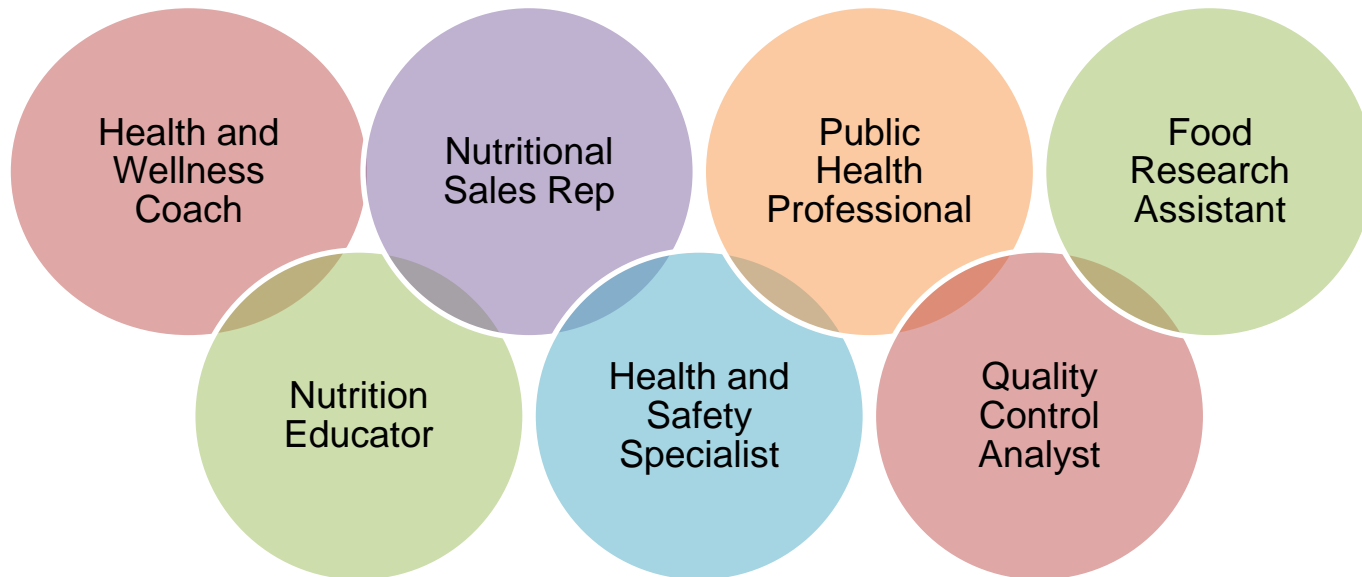


Alternative Careers for Dietitians



For more information visit [NOC website](#)

Alternative Careers for Dietitians



For more information visit [NOC website](#)

Training Options for Dietitians

University of Manitoba

- [Bachelor of Science \(Food Science\)](#)
- [Bachelor of Science \(Human Nutritional Science\)](#)
- [Food: Facts and Fallacies](#) course

Red River College Polytechnic

- [Science Laboratory Technology](#)
- [Introduction to Food Manufacturing](#)
- [Culinary Arts](#)
- [Professional Baking and Pastry](#)
- [Human Nutrition and Lifestyle](#) course
- [Respond to Physical, Medical & Nutritional Needs](#) course

Training Options for Dietitians

Dietitians of Canada

- [Online Courses](#)

Winnipeg Regional Health Authority

- [Nutrition & Food Services](#)

Province of Manitoba

- [Certified Food Handler Training Program](#)

Career Planning Can Help You

Enter the workforce

Plan for education

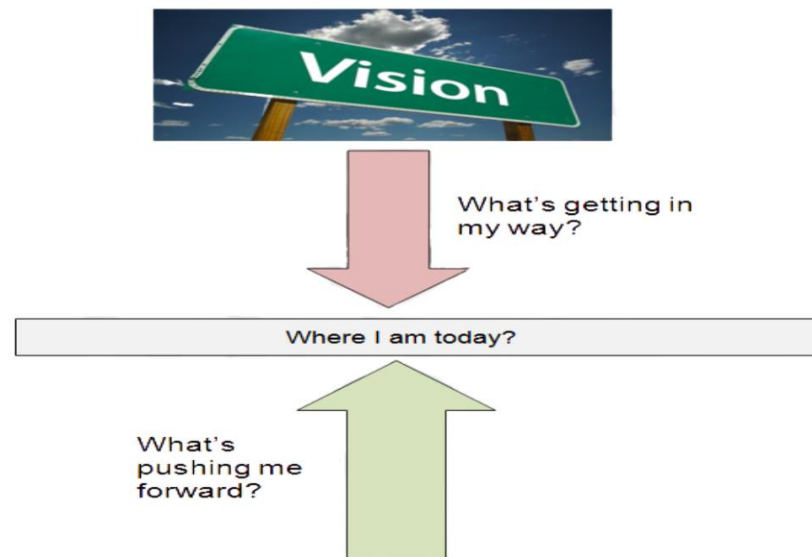
Deal with changing workplace demands

Anticipate trends or changes

Upgrade or maintain your skills

Develop skills for managing your career

Reflecting on Barriers and Strengths



Setting Short and Long-term Goals

**Set SMART
Goals**
What? When?
How?

**How much time
do you have
to complete
each step?**

**What resources
might you
need?**
Who can help?

Career and Education Plan

Name and Client ID: Jon Doe (123456)

Short Term Goal 1

Dietary Aide

Short Term Goal 2

Dietary Technician

Long Term Goal

Dietician

Achieving and Maintaining Long-Term Employment

- Maintaining long term employment and Career Management – An ongoing process:
 - a. Continuous learning – develop new skills or refine existing skills
 - b. Professional development – take courses, attend workshops, read, network, volunteer
 - c. Balancing work and life – reflect on values, priorities, and life circumstance
- Other: Complete Licensure process to become a Canadian Dietician

Researching Post Secondary Training

- Research education and training options
- Identify post-secondary institution
- Verify admissions requirements
- Research funding options (Employment MB, SEED Recognition Counts, Student Aid, etc.)
- Other: Book a meeting with a counselor at SEED Winnipeg

Date:
Date:
Date:
Date: Jan 25, 2021
Date: Jan 25, 2021

Qualification Recognition

- Research your regulated profession or trade
- Contact regulatory body
- Identify necessary requirements (language level, transcript, syllabus, etc.) Research Funding Options
- (Immigrant Access fund, Employment MB, SEED Recognition Counts, MB Student Aid, bursaries, financial institutions, etc.).
- Other: Attend Qualifications Recognition webinar/information session at Manitoba Start

Date: Jan 28, 2021
Date: Jan 28, 2021
Date: Jan 28, 2021
Date: Feb 5, 2021
Date: Feb 5, 2021

Skill Development

- Research job specific training (First Aid/CPR, forklift, security guard license, etc.)
- Complete computer assessments sent by facilitator/coach; consider computer training
- Consider volunteering (visit www.volunteermanitoba.ca)
- Language assessment at WELARC
- Obtain Driver's license
- Other: Identify skill training options for Dieticians with career coach on January 25, 2021.

Date: Jan 25, 2021
Date: Jan 25, 2021
Date: Feb 5, 2021
Date: Feb 5, 2021
Date: Feb 8, 2021
Date:

Job Search Preparation

- Complete Career Development Workshop at Manitoba Start
- Finalize marketing materials (resume, cover letter, references)
- Apply for Security Clearance Checks (criminal record check, child abuse registry, adult abuse registry, immunizations record)
- Other: Discuss the QR process for Dieticians with career coach on January 25, 2021.

Date: Jan 25, 2021
Date: Jan 25, 2021
Date: Jan 25, 2021
Date:

Thank you!

If you require additional information about qualification recognition, please contact your Career Coach.

If you are not currently a Manitoba Start client, register with us:

- Call front desk at 204-944-8833
- Visit in person
- Complete our online [registration form](#) to receive career development support.

Good luck with your career planning and work search!